

NOVEMBER 2020

Tech Valley High School

Monday

Chicken Nuggets
Garlic Bread Stick
Sweet Potato Tater Tots
NYS Grape Juice
NYS Milk

2

Chicken Tenders
Garlic Bread Stick
NYS French Fries
NYS Grape Juice
NYS Milk

9

Chicken Nuggets
Garlic Bread Stick
Sweet Potato Tater Tots
NYS Grape Juice
NYS Milk

16

Chicken Tenders
Garlic Bread Stick
Sweet Potato Wedges
NYS Milk

23

Chicken Nuggets
Garlic Bread Stick
NYS French Fries
NYS Grape Juice
NYS Milk

30

Tuesday

Election Day
Distance Learning Day

3

Pasta with Meatballs
Dinner Roll
Green Beans
NYS Grape Juice
NYS Milk

10

Pancakes
*Sausage Patty
Hash Brown
NYS Apple
NYS Milk

17

Thanksgiving Turkey Wrap
NYS Potato Chips
Cucumber & Dip
NYS Grape Slushie
NYS Milk

24

Wednesday

Waffles
*Sausage Patty
Hash Brown
Fruit of the Day
NYS Milk

4

School Closed
Veteran's Day

11

Conference Day
Distance Learning Day

18

School Closed

25

Thursday

Chicken & Cheese Quesadilla
Sour Cream, Salsa
Corn & Black Beans
Fruit of the Day
NYS Milk

5

Mozzarella Sticks
Marinara Sauce
Garlic Bread Stick
Broccoli
Fruit of the Day
NYS Milk

12

Chili
Sour Cream & Cheese
Corn Bread
Corn
Fruit of the Day
NYS Milk

19

School Closed
Thanksgiving

26

Friday

Pepperoni Pizza*
Tossed Salad
Fruit of the Day
NYS Milk

6

Pepperoni Pizza*
Tossed Salad
Fruit of the Day
NYS Milk

13

Pepperoni Pizza*
Tossed Salad
Fruit of the Day
NYS Milk

20

School Closed

27



Also Offered Daily!
Hummus w/ Pita Chips/Vegetables,
Sandwich of the Day, Chicken Patty Sandwich
Beverages: Milk- 1% milk, 1% chocolate milk

School Breakfast Daily Choices
Bagel with Cream Cheese, Yogurt, WG Muffin, or
Cereal & Graham Crackers
Fruits: 100% Orange & Apple Juice, Fruit of the Day

Sandwich of the Day:
Monday: Turkey & Cheese on Pretzel Roll
Tuesday: *Ham & Cheese Sub
Wednesday: *Italian Mix Sub
Thursday: Turkey & Cheese on Pretzel Roll
Friday: *Ham & Cheese Sub

*Turkey Products Used | SunButter & Jelly Sandwich Available Upon Request

