

Monday

No School

2

Tuesday

Three Cheese Pasta w/ Meatballs
Garlic Breadstick
Broccoli
Assorted Fruit
NYS Milk

3

Wednesday

NYS Cheeseburger
Fries
Assorted Fruit
NYS Milk

4

Thursday

Buffalo Chicken Quesadilla
Ranch Dip
Black Beans & Corn
Assorted Fruit
NYS Milk

5

Friday

Cheese Pizza
Cucumbers & Dip
Assorted Fruit
NYS Milk

6

Waffles
Turkey Sausage
Craisins
Sweet Potato Home Fries
NYS Milk

9

Loaded Soft Tacos
Chickpea Salad
Assorted Fruit
NYS Milk

10

Crispy Chicken Drumstick
Mashed Potatoes
Broccoli
Assorted Fruit
NYS Milk

11

Popcorn Chicken
Biscuit
Fries
Assorted Fruit
NYS Milk

12

Pepperoni Pizza
Pizza Green Beans
Assorted Fruit
NYS Milk

13

No School

16

Loaded Nachos
Taco Fiesta Beans
Assorted Fruit
NYS Milk

17

Chicken Tenders
Crinkle Fries
Garlic Breadstick
Assorted Fruit
NYS Milk

18

Pasta with Meat Sauce
Dinner Roll
Garlic Green Beans
Assorted Fruit
NYS Milk

19

Cheese Pizza
Roasted Carrots
Assorted Fruit
NYS Milk

20

Pancakes
Turkey Sausage Links
Sweet Potato Home Fries
Assorted Fruit
NYS Milk

23

Loaded Nachos
Cheesy Bean Dip
Assorted Fruit
NYS Milk

24

Popcorn Chicken
Crinkle Fries
Assorted Fruit
NYS Milk

25

General Tso Chicken
Vegetable Fried Rice/Egg Roll
Steamed Broccoli
Assorted Fruit
NYS Milk

26

Pepperoni Pizza
Cucumbers & Dip
Assorted Fruit
NYS Milk

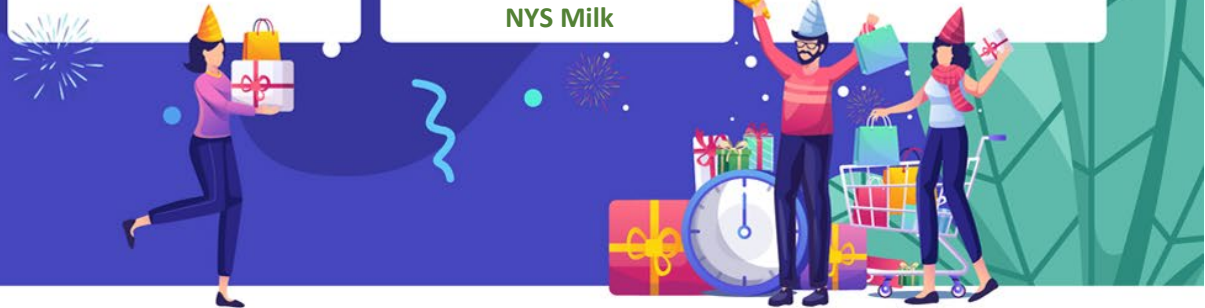
27

Chicken & Waffles
Maple Syrup
Sweet Potato Home Fries
Assorted Fruit
NYS Milk

30

Baked Macaroni & Cheese
Garlic Breadstick
Broccoli
Assorted Fruit
NYS Milk

31



January 2023

Breakfast and Alternate Lunch Options

Breakfast Choices:

Assorted Cereal w/ Graham Crackers
Whole Grain Bagel with Cream Cheese
Whole Grain Muffin w/ Graham Crackers
Yogurt & Granola Bar

Served with: 100% fruit juice, fruit of the day, and choice of milk

Alternate Lunch Options:

Sandwich of the Day
Salad of the Day
Protein Box (Tortilla Chips, Hummus, Cheese, Vegetable, Fruit, Choice of Milk)
Crispy Chicken Sandwich (Fruit, Vegetable, Choice of Milk)

Sandwich of the Day
Turkey & Cheese Sub (M,T,W)
Ham & Cheese on Kaiser Roll (Th, F)
Sun Butter & Jelly (Daily)

Served with: Fresh Veggie of Day, Fruit, Choice of Milk

Turkey products used for sandwiches

Salad of the Day
Crispy Chicken Salad (M,W,F)
Chicken Caesar Salad (T,Th)

Served With: Fresh Veggie of Day, Fruit, WG Roll, Choice of Milk



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Menus are pork free

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider